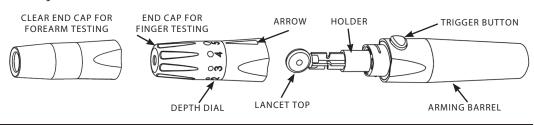
LANCING DEVICE INSTRUCTIONS FOR

For obtaining capillary whole blood for testing.





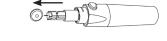
R E A D

- Select area to be lanced. Wash with soap and warm water, rinse and dry thoroughly.
- ② Pull off End Cap. Push Lancet firmly into Holder.



Remove Lancet Top. Note: Save Top for safe disposal of used Lancet.

④ Replace End Cap. Note: Use clear End Cap for lancing forearm.



For Finger Testing:

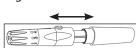
Turn Depth Dial to desired lancing depth.

Note: Finer adjustments can be made by setting Arrow between

<u>Lancing Depth Guide</u>:

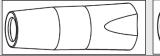
- 1-2 for soft / thin skin
- 3-4 for average skin
- 4-5 for thick / calloused skin
- Lower hand to waist level. Gently massage finger to get blood flowing.
- Hold End Cap in one hand and Arming Barrel in other. Gently pull Arming Barrel until a click is heard.





For Forearm Testing:

Use Clear End Cap in place of regular Depth Dial End Cap, but if Clear End Cap is not available, select #5 on Depth Dial.





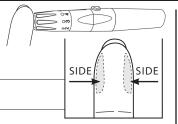
- Rub area vigorously or apply warm compress to stimulate blood flow.
- Hold End Cap in one hand and Arming Barrel in other. Gently pull Arming Barrel until a click is heard.



LANCE

Place Tip firmly against finger on other hand. Note: For best results, lance in shaded areas.

Press Trigger Button.



Gently massage finger from palm to fingertip to form blood drop.

- Press Trigger Button.

Apply a firm pressure on the Lancing Device until an adequate blood drop is formed.

Removing Used Lancet:

- 1. Pull off End Cap.
- 2. Using saved Top, recap Lancet.
- 3. Remove from Holder and discard Lancet in appropriate container. Lancing Device Care, Cleaning and Disinfecting
- Cleaning removes blood and soil, disinfecting removes infectious agents.
- Clean immediately after getting any blood on the lancing device or if lancing device is dirty.
- Do not clean the lancing device during a test.
- Let lancing device air dry thoroughly before using to test.

To Clean the Lancing Device:

- 1. Wash hands thoroughly with soap and water.
- 2. Make sure lancing device is not armed and there is no lancet loaded inside the lancing device holder.
- 3. Using a cleaning/disinfecting agent wipe with the active ingredients ammonium chloride with up to 0.25% of each quaternary ammonium compound and isopropyl alcohol (up to 55%), wipe the entire outside of the lancing device using 5 wiping motions until visibly clean.
- 4. Discard used wipe.
- 5. Let lancing device air dry thoroughly before using to test.
- s thoroughly lancing device.

To Disinfect the Lancing Device:

- 1. Clean the lancing device before disinfecting (see To Clean the Lancing Device).
- 2. Using a fresh cleaning/disinfecting agent wipe with the active ingredients ammonium chloride with up to 0.25% of each quaternary ammonium compound and isopropyl alcohol (up to 55%), wipe the entire outside of the lancing device, including the end of the end cap, at least 3 times horizontally followed by 3 times vertically. Make sure that all outside surfaces of the Lancing device remain visibly wet for 2 minutes.
- 3. Discard used wipe.
- 4. Let lancing device air dry thoroughly before using to test.
- 5. Wash hands thoroughly with soap and water after handling lancing device.

Note: Lancing Device and Clear End Cap are for self-testing and intended for use by one patient only. Not suitable for use by healthcare or care workers.

1. U.S. Food and Drug Administration. Blood Glucose Meters, Getting the Most Out of Your Meter. [Electronic Version]. Retrieved July 6, 2009 from http://www.fda.gov/MedicalDevices/Safety/AlertsandNotices/TipsandArticlesonDeviceSafety/ucm109371.htm

Refer to Owner's Booklet for testing instructions.

Place Tip firmly against forearm. Note: For best results, lance in shaded area.

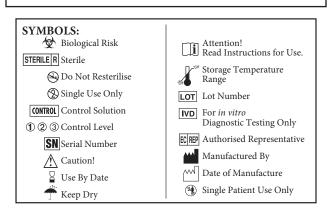


Important Notes Regarding Forearm Samples Used in Testing Blood Glucose:1

- Check with your Doctor or Healthcare Professional to see if forearm testing is right for you.
- Blood glucose results from forearm are not always the same as results from fingertip. Do not use forearm for testing when blood sugar is rapidly rising or falling, e.g., within 2 hours of eating, after taking insulin, immediately after exercise, or when you are ill or under stress. Use fingertip sample for testing.
- Do not use forearm samples for testing if you think your blood sugar is low, if you don't regularly experience symptoms when your blood glucose is low, or if your results from forearm samples do not match the way you feel. Use fingertip sample for testing.



Reuse of devices labeled for single-use may result in product contamination and patient infection.



Australian sponsor: