

Quick Reference Guide

Checking Your Blood Glucose Using

**TRUE
METRIX
AIR**

A guide for testing your blood glucose

Simple Steps to Test Your Blood Glucose

Meter, Test Strips & System Components

Front



Back



Blood Glucose Testing



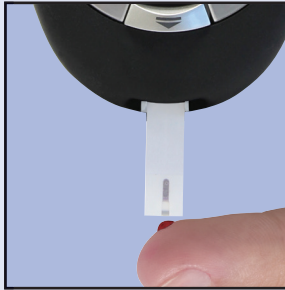
Step 1
Wash your hands with warm, soapy water.



Step 2
Remove test strip from vial and close vial immediately. Insert Test Strip into Test Port with Contact End (black blocks facing up). The Meter turns on.



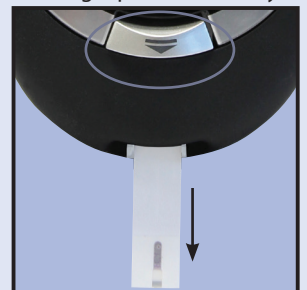
Step 3
Lance your finger. For single patient use only.



Step 4
With Test Strip still in Meter, touch Sample Tip to top of blood drop and allow blood to be drawn into Test Strip. Remove from blood drop immediately after Meter beeps and dashes appear across Meter Display.



Step 5
In as fast as 4 seconds, glucose result will be displayed with time.



Step 6
Hold Meter with Test Strip pointing down. Press Strip Release Button to discard Test Strip in the appropriate container.

This guide provides a brief overview on testing your blood glucose. If you need information about setting up your Meter with correct date and time, consult the "Getting Started" section of Owner's Booklet. For more detailed information on complete blood glucose testing procedure, consult "Testing Blood" section in the Owner's Booklet.

WARNING! Upon opening the test strip carton, examine the product for missing, damaged or broken parts. Ensure the test strip vial cap is securely closed. If the product is damaged or the vial cap is not closed, DO NOT use the test strips for testing; product may give inaccurate results.

Changing Battery

A low battery displays Battery Symbol while continuing to function. A dead battery displays Battery Symbol, beeps, and then turns off. To replace battery:

Note: Use non-rechargeable 3V lithium battery (#CR2032).

Step 1
Insert a pointed tool (e.g. small flathead screwdriver or paper clip) into the battery door/ cover tab opening compartment.

Step 2
Using tool, press battery door/cover tab in.

Step 3
Lift up battery door/cover while holding tab in.

Step 4
Turn meter over, tap gently on the palm of your hand to loosen and remove battery.

Step 5
Discard old battery into appropriate container.

Step 6
Insert new battery, positive ("+") side facing up. Close Battery Door.

Step 7
Press "•" Button to turn meter on. Check time, date, and Test Reminders (see Meter Set Up). If meter does not turn on, check that battery was installed properly. If not, remove and reinsert battery. Turn meter on by pressing "•" Button. Call for assistance if problem persists.

Note: If battery is out of meter or dead too long, meter may reset to original factory settings. Verify settings are correct after replacing battery by, going into Meter Set Up and checking time, date, Ketone Testing Alert, and Testing Reminders. Change if needed. Results in Memory are not deleted and time and date on the results does not change if battery is dead or removed for any length of time.



Battery Compartment
Tab Opening

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